

Weekly news, updates and tips to help you live well | Jan. 19, 2023

In this issue, we introduce you to the newest members of our open-heart surgery team, tell you how "On My Way" helps you save your spot at Tanner Urgent Care and share the 2022 recipients of our Future of Health Care Scholarship.

#### Editorial note

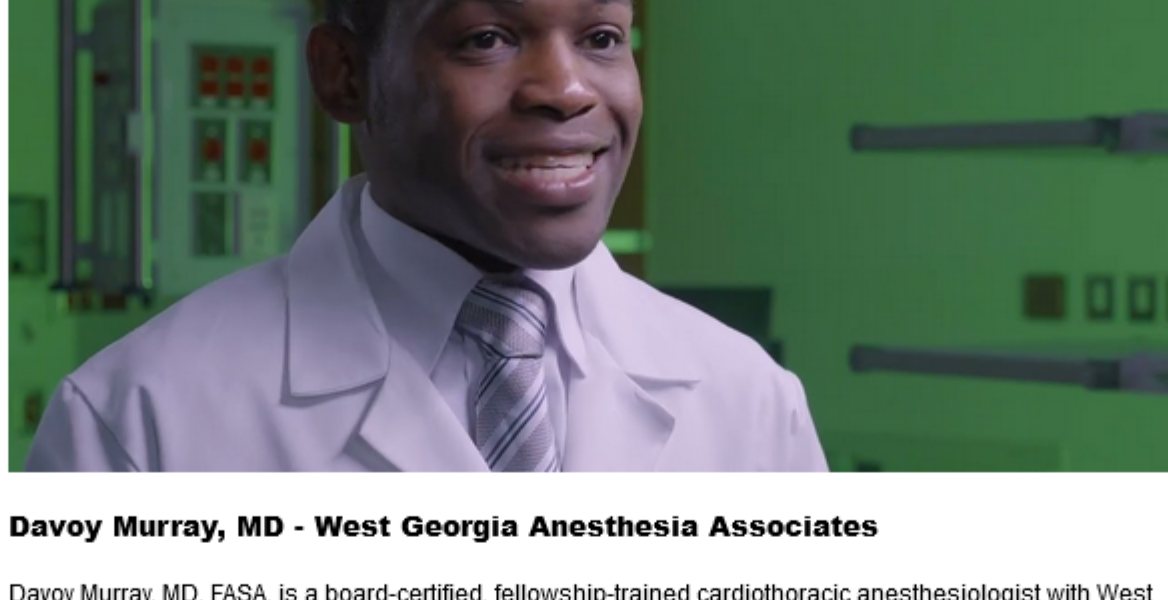
Beginning this month, *Live Well* will arrive in your inbox twice a month as we ensure you're getting the health news you really need.



#### Cardiovascular perfusionist joins Tanner's open-heart surgery team

Board-certified cardiovascular perfusionist Karim Jabr, CCP, LP, CSSBB, has joined Tanner Heart Care and the new open-heart surgery team as the director of perfusion services. A perfusionist's primary job is to run the heart-lung machine during open-heart surgery, literally serving as the patient's heart and lungs for the duration of the procedure.

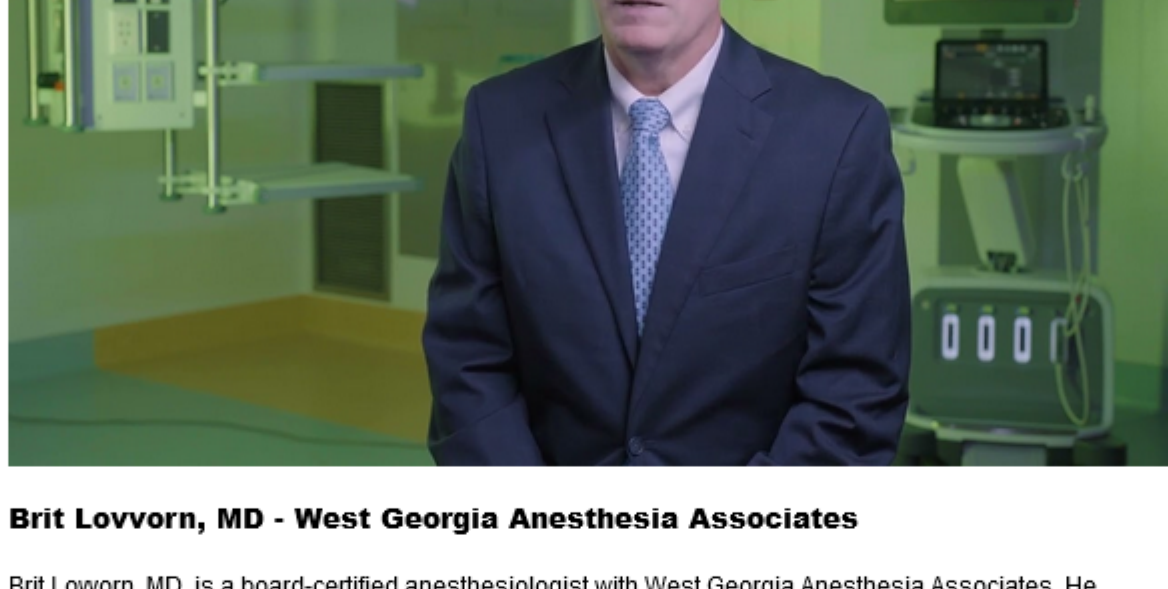
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#### Davoy Murray, MD - West Georgia Anesthesia Associates

Davoy Murray, MD, FASA, is a board-certified, fellowship-trained cardiothoracic anesthesiologist with West Georgia Anesthesia Associates. He loves the depth and breath of anesthesiology that allows him to meet patients of all ages and their families on a daily basis. Due to his cardiothoracic focus, he is passionate about cardio health maintenance, including exercise, a healthy diet and smoking cessation.

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#### Brit Lovvorn, MD - West Georgia Anesthesia Associates

Brit Lovvorn, MD, is a board-certified anesthesiologist with West Georgia Anesthesia Associates. He chose anesthesiology as his specialty because he felt like it was a perfect fit for his medical interests while also allowing him to use his hands and participate in procedures and surgeries.

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#### New app feature gets you through the waiting room faster at Tanner Urgent Care

A new feature in our MyChart app gives users an easy way to save their spot at Tanner Urgent Care.

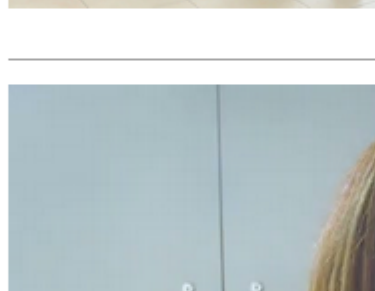
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#### A new treatment for life-threatening pulmonary embolism is available at Tanner

Our interventional cardiologists did their first pulmonary embolism thrombectomy using the Inari FlowTrieve, successfully bringing this technology to the region.

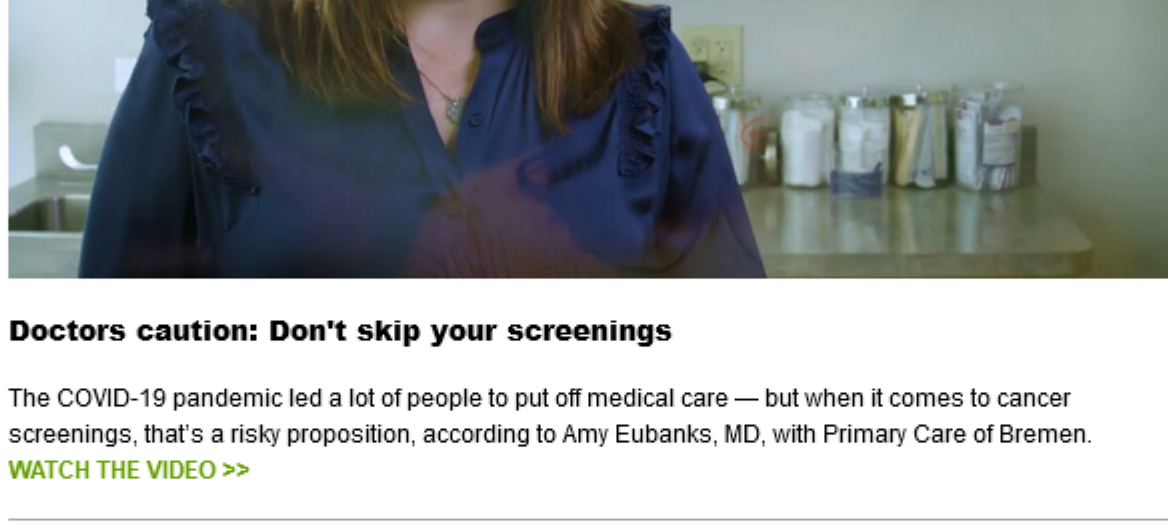
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#### Tanner awards 2022 Future of Health Care Scholarships

We recently hosted the annual ceremony for our Future of Health Care Scholarship, awarded to students from around west Georgia and east Alabama who are pursuing a degree as a physician or an advanced practice provider.

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#### Doctors caution: Don't skip your screenings

The COVID-19 pandemic led a lot of people to put off medical care — but when it comes to cancer screenings, that's a risky proposition, according to Amy Eubanks, MD, with Primary Care of Bremen.

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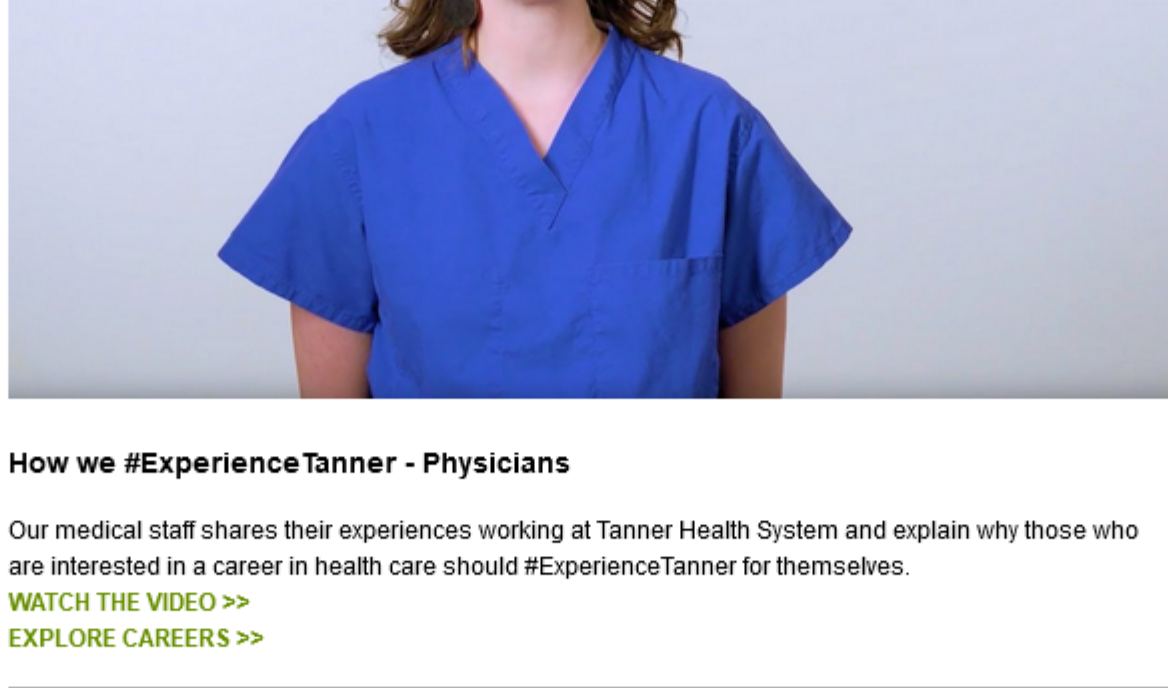


#### Shatia Edwards, DO, FACOG - Carrollton Obstetrics and Gynecology

Dr. Edwards earned her doctorate in osteopathic medicine and her master's in biomedical science at the Philadelphia College of Osteopathic Medicine in Suwannee, Georgia. She completed her internship at Danville Regional Medical Center in Danville, Virginia, and her residency in obstetrics and gynecology at Saint Joseph Mercy Oakland in Pontiac, Michigan.

At Carrollton Obstetrics and Gynecology, Dr. Edwards provides obstetrics care, robotic surgery and maternity services through the Maternity Center at Tanner Medical Center/Carrollton, offering a range of services for women of all ages.

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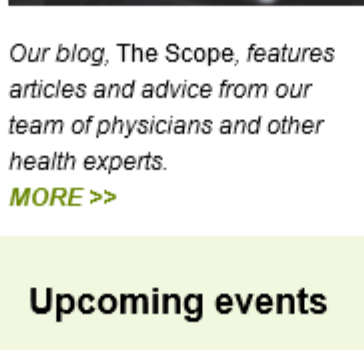


#### How we #ExperienceTanner - Physicians

Our medical staff shares their experiences working at Tanner Health System and explain why those who are interested in a career in health care should #ExperienceTanner for themselves.

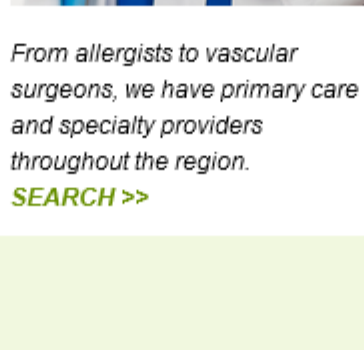
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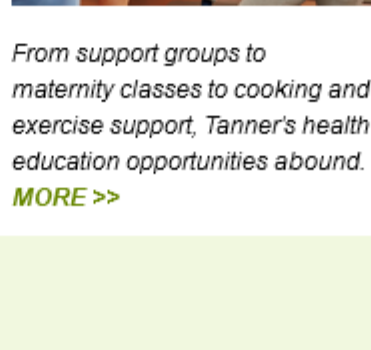
Our blog, *The Scope*, features articles and advice from our team of physicians and other health experts.

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From allergists to vascular surgeons, we have primary care and specialty providers throughout the region.

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From support groups to maternity classes to cooking and exercise support, Tanner's health education opportunities abound.

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#### Upcoming events

- Jan. 23 - Tai Chi 2.0 - Carrollton
- Jan. 23 - Intro to Tai Chi - Carrollton
- Jan. 23 - Intermediate Tai Chi - Carrollton
- Jan. 23 - Intermediate Tai Chi - Villa Rica
- Jan. 23 - Intermediate Tai Chi - Villa Rica
- Jan. 24 - Intro to Tai Chi - Villa Rica
- Jan. 26 - Nutrition for Diabetes - Webinar
- Jan. 26 - State of the Heart - Don't PAD the Truth - Webinar
- Jan. 30 - Carb Counting - Webinar
- Feb. 2 - Living Well With Diabetes - Carrollton
- Feb. 4 - Baby Care Boot Camp - Villa Rica
- Feb. 7 - Intro to Tai Chi - Villa Rica
- Feb. 7 - Freshstart Nicotine Cessation Program - Webinar
- Feb. 9 - Food as Medicine for High Blood Pressure - Carrollton

For information on all Tanner classes and events, visit [tanner.org/classes-and-events](https://tanner.org/classes-and-events).

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